



Bathurst West Public School Newsletter

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Term 4 Week 5 2018

Thursday, 15 November, 2018

Principal: Darren Denmead
P&C President: Meredith Porter

School Leaders : William & Tara
Kai & Brooke

Calendar of Events

Term 4

Week 5

Wed 14 Nov Dream cricket (support)
Playgroup in hall
BHC Debating
Pancake afternoon tea (Primary)
Thurs 15 Nov Shrek Performance Yrs 3-6
Fri 16th Nov Shrek Performance Yrs 1 & 2

Week 6

Mon 19 Nov State Debating Yrs 5 & 6
Kinder Swimming
Tues 20 Nov State Debating Yr 5 & 6
Kinder Swimming
Wed 21 Nov State Debating Yrs 5 & 6
Thurs 22 Nov Kinder swimming
Fri 23 Nov Kinder swimming

Week 7

Mon 26 Nov Talent Quest Auditions
Tue 27 Nov Talent Quest Auditions
Yr 6 Welcome to high
School meeting
Wed 28 Nov Talent Quest Auditions
Playgroup in Hall
Thurs 29 Nov Talent Quest Auditions
OC Parent Meeting
Fri 30 Nov Talent Quest Auditions
NEW LOGO LAUNCH

Week 8

Wed 5 Dec Yr 7 Orientation Day 2019
Fri 7 Dec Helper Morning Tea
Talent Quest Rehearsal

Week 9

Mon 10 Dec Talent Quest show
Boronia 4 Work Expo
Wed 12 Dec Presentation Day Awards
Thur 13 Dec Christmas Meal Deal
Carols in the Car Park
Fri 14 Dec Support Unit Christmas Party

Week 10

Mon 17 Dec Support Unit Christmas Lunch
Stage 2 Celebrations
K/1/2 Christmas in the park
Stage 3 Class party

Principal's Report

Dear Parents and Carers

Shrek at BMEC

Many students from our school will visit BMEC tomorrow or Friday to see a fantastic production of Shrek. This is a great opportunity to see a live performance and to revel in the colour, sound and exciting atmosphere of such an event. I think there will be some very talkative children around the dinner table on Thursday or Friday night after the show!

Swimming Stars

Our school swimming program has already been a resounding success this year, with students from Years 1 to 4 becoming more confident and capable swimmers and water users. What a great life skill to have! Kindy students will return to the pool next week to complete their sessions.

Dream Cricket

Students from our Support Unit had a very sporty day today at the Dream Cricket day. I have just spoken with staff and students on their return who all agreed it was a fun and positive day. Well done to you all for representing your school with skill, pride and sportsmanship.

Save the Date

After over three years of working with our community, the new school logo and motto will be unveiled on Friday 30th November. We will have a fun community afternoon to celebrate, beginning at 1.45pm. More detailed information will be provided soon – mark this down in your calendar!

Enjoy the warmer days,
Darren Denmead
Principal

COMMUNITY NOTICE BOARD

Just a reminder to keep an eye on our Community News Tab on the School Stream App.

From now on, this is where you will find community notices, Events and Sporting Registrations.

Download the App today to keep up to date with school and community news!

STUDENT ATTENDANCE Late Arrival & Early Departure

As per Department Policy, any students arriving late or leaving early must report to the front office to have their partial absence recorded.

If your child is absent for a full day, please advise the school through school stream, a note or a phone call with an explanation of their absence.

I am a  respectful  responsible  safe learner.

Canteen News

Pancake Day :

What a Fantastic day , we made and handed out over 600 pancakes. A BIG THANKYOU to everyone that helped out and made this such a great afternoon for the students.

Another big THANKYOU goes out to those who donated the ingredients. Its great to see the support of the school community on these special days.... THANKYOU.....

From Julie



**CLOTHING POOL
OPENING HOURS
Mon- Fri 9.00 - 9.30am
CASH ONLY!!**

**Date
Claimer**

Bathurst West Public School
invites our community to join us for

**Carols in the
Car Park**

Thursday 13th December
6 ~ 7.30pm

**Bring the family and a picnic
for some jolly good fun...**



To go up to the school, or not? That is the question.

By Michael Hawton, Child Psychologist (MAPS) and [Parentshop](#) founder.

If you've had a child at school for more than a few years, chances are that there have been times when you have considered whether to go up to the school about an issue that is affecting your child. Working out what requires your intervention can be tricky. Sometimes your child's passionate pleas for you to do something can be persuasive. It might be that your child has been moved from one class to another or that your son has been denied permission to go on a much-anticipated excursion or there has been an incident on the playground.

Parents can sometimes feel like they are not parenting properly unless they go to the school to address the problem.

In recent years, Australian schools have been dealing with an increasing number of parents coming to the school. I say this as a result of speaking with hundreds of school leaders across Australia and internationally.

So, what is causing this?

1/ Many parents are less trusting of institutions in charge of the care of their children, including schools. They are therefore less willing to give school staff the benefit of the doubt when it comes to making decisions that involve their children.

2/ There are an increasing number of parents who have become more anxious about their children and tend to intervene in smaller and smaller issues.

3/ Many of these parents have lost the ability to see that frequent interventions ultimately undermine a child's sense of competency and confidence.

So, how do you decide if an issue warrants your intervention?

First, if your child is in physical or psychological danger then you should intervene.

However, if the issue is not of this magnitude, ask yourself this: what would happen if I didn't go to the school about this issue?

An important part of being a parent is helping children learn to deal with disappointments and difficulties. We can help our children learn to cope emotionally with uncomfortable feelings by being there and listening to them. We can acknowledge that sometimes life is challenging or unfair but that we can learn to cope with this. Helping our children recognise emotions and deal with them, without being crushed by them, teaches our children emotional resilience.

We can help our children feel more competent by helping them think of some alternative ways to deal with a problem, which empowers them by giving a sense of agency and control.

With this in mind, some issues are worth recognising before you come to the school in search of a remedy on your child's behalf.

Firstly, the school must make 'system' decisions. While all schools try to follow principles of fairness and equity, it is not always possible to decide matters fairly. There will always be cases where some children will not get the teacher they wanted or be seated close to their friends.

Secondly, all school staff aspire towards providing an environment where the best interests of the child are held paramount. While teachers may not have the same attachment to a child that a parent does, the majority of school staff care personally for the children in the school.

Thirdly, each time a parent jumps in where a problem could be resolved by their child, they may be robbing them of an opportunity to develop resilience skills.

Making a decision about whether or not to go up to the school is about assessing the problem and seeing if it can be an opportunity to help your child to learn to manage their emotions, increase resilience and become an independent problem solver.

Who said parenting is easy? In this upcoming series of articles we will explore issues that young people face and how as a parent you can support or, just as importantly, know when to step away.

Michael Hawton is founder of Parentshop, providing education and resources for parents and industry professionals working with children. He has authored two books on child behaviour management: *Talk Less Listen More* and *Engaging Adolescents*. You can find more information, including his books and self-paced online parenting courses at <https://www.parentshop.com.au/parent-courses/>